



Women in Healthcare Leadership Conference

Thursday, December 13, 2018
Registration/Breakfast 8:15 a.m. - 9 a.m.
Program 9 a.m. - 4:30 p.m.

Location:

The Holly Inn at the Pinehurst Resort
155 Cherokee Rd
Pinehurst, NC 28374

Target Audience

Women who hold leadership positions in healthcare or who are interested in moving into a leadership position.

Program Description

This conference will cover topics relevant to current issues women may face in the workplace. Participants will learn how women evolved and continue to evolve in the workplace and strategies to empower, educate, inspire, and encourage each other to use their voice, reflect on their goals and know their value.

Participants will have the opportunity to connect with colleagues for an engaging day of education, networking, mingling with exhibitors, and enjoy pampering spa services. We will be offering complimentary petite manicures, petite facials, and chair massages. Spa services will be provided by Karma Beauty Bar & Spa.

Objectives

Upon completion of this educational activity, the participant will be able to:

- Discuss the reward of motivating and empowering others to be leaders
- Discuss meaningful and purposeful ways to engage in the community and best approaches to be a civic leader
- Learn steps to developing a balanced professional and personal life
- Develop an understanding of mindful self-care
- Explain how mindfulness changes the brain
- Learn the side effects of mindful self-care
- Address vulnerabilities, triggers, barriers, personal and professional challenges
- Compare culture and boundaries in the workplace
- Describe three strategies to foster professional workplace
- List three essential elements of effective leadership.
- Identify “Balcony People and Basement People” in one’s network
- Describe one’s personal leadership plan

Agenda

8:15 a.m.	Registration / Breakfast
9 a.m.	Lead Your Best Life: Valuing the Power of Health and Heart
10 a.m.	Break / Spa Pampering / Exhibitors
10:45 a.m.	Self-Care, Mindfulness, & Mindfulness Stretching
12 p.m.	Lunch (Provided)
12:45 p.m.	Professional Boundaries: Keeping the Workplace Safe
1:45 p.m.	Break / Spa Pampering / Exhibitors
2:30 p.m.	Leadership - It’s Our World Too
3:30 p.m.	Break / Spa Pampering / Exhibitors
4:30 p.m.	Adjourn

Speakers

Annette Taylor, MS,BA. Annette is a philanthropist, instructor, public administrator, nonprofit management specialist and women’s advocate. She is the Co-Founder of The Taylor Group & The Fund for Every Woman. Taylor teaches nonprofit management in the Department of Public Administration at North Carolina Central University, where she also serves on the Board of Visitors for the School of Business. She is the Vice-Chair of the NC Council for Women, a statewide commission which she was appointed to by Governor Roy Cooper in 2017. In her most recent role in the Office of U.S. Congressman G.K. Butterfield, she served as the Director of Community Engagement, and was the healthcare liaison for the Affordable Care Act. She is the newly appointed Manager of Minority Business Outreach and Community Affairs at the North Carolina Education Lottery.

Mary Gwendolyn Waddell-Schultz, MSN, RN-C, NE-BC, VHA-CM. Gwen is the Chief Nurse Executive for Nursing Education and Medicine at Durham VA Medical Center. She received her Bachelor’s and Master’s in Nursing from University of North Carolina and her post masters certificate from Duke University. She has published several articles and received numerous of awards for her leadership and mentorship roles to include NCNA Hall of Fame Award and NCNA Board of Directors Award for Mentorship.

Jill White-Huffman, MS, MFT, LPC, NCC. Jill is Licensed Therapist and a Licensed Professional Counselor. She is the founder of Jill White-Huffman Licensed Massage & Bodywork Therapist, Licensed Professional Counselor and Marriage Family Therapist and has been in practice for over 25 years. She completed her Bachelor's Degree in Physical Education from Bennett College and her Master's of Science in Counseling Education from North Carolina A&T State University. Jill also holds a post-graduate certification in Marriage & Family Counseling. Jill is well-known and recognized throughout the Triad community for her appearances as a special guest on local television channels.

Fee

\$165.00 for payment and registration received by December 6; \$180.00 thereafter.

SR-AHEC requires full payment for all registrations prior to the program date. We no longer accept purchase orders or supervisor's approval signatures in lieu of payment. Access to workshop materials and handouts cannot be released until payment is received. Early and regular rates will be determined by the date of receipt.

Credit

CEU: 0.4 CNE: 4.25 Contact Hours 4.25

Contact Hours, CNE will be awarded to participants who attend 90% of this activity

Southern Regional AHEC is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. At this time, planners and speakers have no conflicts of interest to disclose. If this should change, it will be announced at the beginning of the event.

Substitutes/Refunds/Transfers

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel five (5) business days (Monday-Friday), before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel five business days (Monday-Friday) before the program and obtain a refund for 70% of the registration fee.

Cancellations less than five business days (Monday-Friday) before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

Hotel Information

The Holly Inn at the Pinehurst Resort
155 Cherokee Rd, Pinehurst, NC. 28374
(844) 330-1664 / Reservations: 1-800-487-4653

Room Rate: \$119.00 per night plus tax and 10% resort fee. Resort fee includes use of Fitness Center, on-site transportation, HSIA in guest rooms, valet and self-parking, afternoon tea, gratuities for bell and door staff.

Deadline for room reservation: 5:00 pm EST on November 12, 2018, reservation request after that date will be accepted based on space and rate availability.


Check in: 4:00 pm, Check out: prior to 12:00 noon

Contact

Sheree Hayes, MHA, BSN, RN, Director of Continuing Professional Development/RN Refresher Coordinator SR-AHEC
910-678-7246 / sheree.hayes@sr-ahec.org

Follow Us On

 **Facebook:** <https://www.facebook.com/srahec.nurseCE/>

 **Twitter:** @SRAHECNU

 **LinkedIn:** <https://www.linkedin.com/groups/7412009>



Registration Form

Form may be duplicated.

**Women in Healthcare
Leadership Conference**
CASCE #55509 / NU181213

Phone: 910-678-7226 **Fax:** 910-323-0674

Online: <https://www.southernregionalahec.org/courses-and-events/55509>

Mail: SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

Circle one: Dr. Mr. Mrs. Ms.

Name _____ Last 4 digits of SS# _____

Certifications/Degrees _____ Specialty Area _____ Are you an NCC? _____

Employer _____ Job Title _____

Work Address _____ City _____ State _____ Zip Code _____

Home Address _____ City _____ State _____ Zip Code _____

Phone (work) _____ (home) _____

A valid email address is needed for program communications. The secondary email will only be used if your primary email replies as "undeliverable."

Email (primary) _____ (secondary) _____

Do not send email announcements of upcoming SR-AHEC programs. Do not share my information with participants and/or exhibitors.

Special Needs / Food Allergies _____

Payment Information

Check (Make payable to SR-AHEC)

Mastercard / Visa / American Express / Discover # _____ Expiration Date (mm/yy) _____

Name on Card _____ Signature _____

The handouts for the program will be provided online. Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail.
For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to:
https://www.southernregionalahec.org/?page_id=6196

Office Use Only: Check Auth # _____ Date _____ From _____ Amount \$ _____

SR-AHEC.org
1601 Owen Drive • Fayetteville, NC 28304
(910) 678-7226

